A guide to Livability’s services

Care + Choice + Connections + Independence + Wellbeing

It all adds up to Livability

www.livability.org.uk

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Welcome to Livability

What makes life livable is never down to just one thing. It’s the sum of many things: from friendship to fun; from companionship to community; from a great chat to a challenge overcome. It all adds up.

At Livability, we believe that there’s no ‘one size fits all’ approach to delivering quality care and community work.

That’s why we’re a charity that works hard to put the right things in place that will ‘all add up’ to better lives, care and inclusion.

It’s why we offer a diverse range of services and support packages.

From disability, education, training and community services, we promote inclusion and wellbeing for all.

Working ‘together and with’ the people we support, we are committed to providing joined-up care that really helps to connect people with their community.

Because we know that enjoying a good network of support and community connections are vital to people’s wellbeing.

We work with individuals, families, carers and local authorities across the UK, supporting people with daily care needs. This brochure provides a snapshot of our services.

If you would like to find a service local to you, use our Service Finder online. livability.org.uk/findservices
Our ethos

Livability has a dynamic and inclusive Christian ethos, welcoming people from all faiths and none to work together towards the good of the whole community. We partner with local churches and faith groups as agents of community change. Our Patron is HRH The Princess Royal. Our charity president is The Most Revd and Rt Hon Justin Welby, Archbishop of Canterbury.

Our values

Open

We are open and real

We strive to be warm-hearted, straightforward and honest. We take time to listen to each other and to the people and communities we work with, because that is how we learn and grow.

Enabling

We think people are amazing

Everyone has something to offer, if they are just given the chance. So, as well as helping with basic needs, we help people take part and be valued in their communities – because that is what makes life livable. We are ambitious to achieve real change.

Inclusive

We demand fairness

Far too many people are excluded by unnecessary barriers in our society. We want to live in a much fairer world where we are all valued equally, not just for what we have in common, but for what makes us different too. We all share a responsibility to make that a reality.

Courageous

We are the best we can be

Each day we ask ourselves, what can we do better? In work as in life, we are motivated by our promise to make life better for people and their communities, and we hold ourselves to account for the difference we make.
Livability is a proven and trusted provider of disability care and community projects throughout the UK.

- Livability has a range of registered settings in England, Wales and Northern Ireland.
- We work with one in three local authorities, helping them meet the challenges of a changing care sector.

Visit our service finder to find a service near you: www.livability.org.uk/findservices
A person centred, flexible approach

Together, with the people we support, we create care packages that will help people live the lives they want to lead.

Livability’s most recent survey of the people that use our services showed at a level of 80% and above, people agreed that Livability helps them in a variety of relevant ways; including being supported to do the activities that are important to them (87%) and being supported to take part in activities outside of the service (80%).

Health and wellbeing approach

Personal health and wellbeing does better when people enjoy positive relationships – so we aim to get people more connected with their community.

Nearly 70 disabled people accessed our horticultural therapy programme Flourish, run at Livability Holton Lee. 97% reported in increase in social networks and reduced isolation.

A strengths-based approach

We believe every community is rich with the capacity to care. We draw people, talents and resources together to create community responses to local care needs and opportunities.

Ways to grow wellbeing were shared with 96 community leaders who were trained to run Livability’s Happiness Course.

Learning and growth

Everyone does better when they can learn new skills. We help people explore their vocation and find new opportunities for personal development.

Livability Enterprise’s Discovery programme helped tackle barriers to employment in London. In one year of delivery, the project trained 75 individuals seeking employment, with 15 gaining sustainable work.
Residential care
Livability’s 32 care homes in England, Ireland and Wales delivering residential support and nursing care for around 300 physically or intellectually disabled people. We are committed to creating caring communities that promote inclusion and wellbeing for the people we support. We combine enabling support with a vibrant home life, and maximise opportunities for residents to enjoy a full and independent life. Livability provides modern care services, embracing new and assisted technology and adaptations.

Vincent’s story
Vincent takes part in the ‘Art By The Sea’ class at Livability Ashley Place, a care home in Bognor Regis. The community-run class has helped him develop new skills, express his artistry and enjoy new friendships.

Independent living
Livability specialises in providing person-centred, flexible care and support in the community for people with a wide range of needs and living situations. Whether people require support for an hour or two, or up to 24 hours a day, we help people to get the most out of life and their local community. Reducing social isolation and exclusion is a key outcome for this service, which embraces homecare, community support and day services. The service supports all ages, from late teens to elderly people.

Chris’s story
Chris uses Livability’s independent living services in the East Midlands. He has become a volunteer walk buddy on a short health walk, organised by the South Northamptonshire Council (SNC) and as a result received a commendation from local friends for his support.

Learning and vocation
Livability has proven expertise in supporting disabled and vulnerable people to pursue vocational paths, new skills and employment opportunities. We’ve helped people launch their own businesses, get interview training and grow core life skills and competencies. Through our services, we help people get to where they want to be.

Daniel’s story
Daniel was faced with a wide range of barriers when seeking employment. But through career coaching with Livability’s learning and vocation support services, Daniel launched his own business and has a sustainable livelihood.
About our services

We know that good care and support involves a wide range of people working together.

We are committed to supporting people in their learning and vocation.

Education services

Livability’s two accredited education centres provide specialised learning for disabled students. Livability Nash college equips students from 19-25 for a fulfilling adult life, connected with their local community, is central to a Livability education. Livability’s Victoria Education Centre is an innovative school supporting students with education and therapy, aged 3 to 19 years old.

Poppy’s Story

Poppy, represents her peer group at weekly Student Council meetings. This is something she is passionate about: ‘I have learned to speak more clearly. I make sure all students have a voice, even the ones who can’t speak. It’s very important.’ She says gaining independence is the most vital thing students learn at Nash: ‘Do as much by yourself as possible. And don’t underestimate us.’

Rehabilitation

Livability runs specialised rehabilitation services for people with acquired brain injury and spinal cord injury (SCI). We work with people once they have completed the early phase of their treatment, in day and residential settings. Through our brain injury service in Suffolk and state-of-the-art spinal injury centre in Poole, we work with local authorities, Clinical Commissioning Groups and a wide variety of health partners in supporting people to manage life beyond injury and get their lives back on track.

David’s Story

David used the services at Livability Icanha (a brain injury rehabilitation service) after he had a stroke. As a result of his rehab he regained his passion for running and has completed a wide range of running achievements. ‘I think the thing I would tell everyone at the start of the rehabilitation is never stop trying to get better and to celebrate every success you have no matter how small. Recovery is a long and slow road, but it will get better.’

David
Wellbeing discovery
As part of our wellbeing offer, Livability’s wellbeing discovery centre (Livability Holton Lee) delivers a wide range of outdoor and creative activities; Livability’s Happiness course helps people explore wellbeing and lifestyle, and our Flourish project enables people to grow through horticultural therapy.

Rachel’s story
Rachel was living with mental illness and was feeling isolated. She joined Livability’s horticultural therapy service, Flourish - which has helped her learn new skills and make great friends. The supportive network has had a really positive impact on her mental health.

Church and community work
Livability is a passionate advocate of the local church as a powerful agent for change. The charity works with churches and communities to tackle issues of social isolation in their locality. By mobilising and resourcing community hubs, churches and activists, we work together for inclusion and wellbeing.

Livability has a strong record in groundbreaking community engagement training, providing a wide range of coaching skills, training and resources. We’ve trained churches and communities across the country on how to tap in to local strengths and resources, to the benefit of their neighbourhood.

Church resourcing
Livability also works with a range of churches in the UK, supporting and resourcing them to meet the needs of local people. The Happiness Course, Dementia Inclusive Church and Mental Health pack ‘Lifting the Lid’ are all resources that Livability provides to the church.

Kingsley Hall’s story
Livability’s Kingsley Hall is a church and community project in Dagenham that’s open to all ages. From a creche, tea dances for the elderly, art and gardening classes and more – the project provides a space for people to enjoy a great cup of tea, connect and be included.
Livability services are delivered by a talented team of dedicated and caring staff.

We are also proud to enjoy the involvement of a dynamic group of volunteers who provide added support and opportunities at our services.

Our amazing staff

Livability horticultural therapy project
Anna is the Programme Lead for a horticultural therapy project run by Livability. It supports disabled people, helping them to improve their health outcomes through a variety of conversation projects. Of those who have attended the project, almost all (97%) have reported an increase in social networks as a result of their participation.

Livability Anvil House
The team at Livability Anvil House supports seven adults, all of whom have communication difficulties and a range of complex health needs. Every member of staff is dedicated to providing a high level of care, placing the person at the heart of everything they do and plan.

Livability Bradbury Court
Offering a clean environment in a large residential centre is absolutely vital to the wellbeing and health of residents, staff and carers. Livability Bradbury Court is a large service spread over four floors. Staff at all our services are dedicated to maintaining excellent housekeeping standards.

Livability’s Victoria Education Centre
Livability’s Victoria Education Centre in Poole recently won the Digital Innovation/Ed-Tech School of the Year in the prestigious TES awards. The awards celebrate the commitment, quality and innovation shown by teachers and support staff across the UK.

Friends and volunteer groups
We know that our services and opportunities are enhanced by a wide team of supporters, volunteers and local champions. Together and with the people we support, they work to extend the reach and opportunities of our services. From community walks, creativity and hobbies, friendship lunches and church partnerships, we work together to make it all add up.

Some of the people that use our services, staff and volunteers at an all inclusive sports day in the Queen Elizabeth Olympic Park.
We hadn’t been able to have a conversation for years but now we feel much closer because we can communicate through Eyegaze.

A resident at Livability Kenway Court, being enabled to learn to use new communication technology.

Keefield Close has welcomed us as a family and even invited my mum for Christmas Day when the rest of the family was away one year. It’s the only place my mum would entrust my sister to.

A friend of Livability Keefield Close, where her sister is a resident.

The staff give me confidence to try things - one day I can’t do it and the next day I’ve sussed it! I feel very proud.

A resident at Livability Dolphin Court, Southend.

Each child gets so much positive encouragement when they achieve something special that they are motivated to try for the next goal – it’s like an avalanche effect.

A student’s parent, at Livability’s Victoria Education Centre.

What the people that use our services say:
How to find out about our services:

If you are looking for care or support services and want more information visit our Services Finder at www.livability.org.uk/findservices

Email: enquiries@livability.org.uk

Call: 020 7452 2110

All our services are registered with CQC (England), CSSIW (Wales) and RQIA (Ireland).

With thanks to Nancy Honey for some photos featured.